

YOUTH TRANSFORMATION CENTER

CREATIVE QUESTIONS THAT GO BEYOND THE 3 RESTORATIVE JUSTICE QUESTIONS TO GET TO THE EMOTIONAL CORE

TOOL #3	Fighting	Bullying	Mean Girls	Teacher Confrontation	Gossip	Truancy	Drugs	Weapons	Sexing	Other
1 (Use "feeling/needs" handout) Circle any and all "feeling" words that explain how you are feeling about the issues we're here to discuss.										
2 Choose your top three feeling words that best describe how you're feeling.										
3 (Use "feeling/needs" handout) Circle any and all "needs" words that explain what you need.										
4 Choose your top three "needs" words that best describe what you need.										
5 Complete this sentence: When _____ happens/or when [name of person] does this, I feel _____ and I need _____.										
6 Why do people/students fight? (Circle the words you believe are the reasons: bored, angry, hurt, want to get even, want to be right, to show they're more powerful than someone else, to get attention.)										
7 What three words best describe the person you think of as your best friend.										
8 Complete each sentence:										
9 I am angry because...										
10 I am afraid that...										
11 I am hurt because...										
12 Who are you the most upset with and why?										
13 What three words best describe the person you are most upset with?										
14 What would you most like to hear that person say to you?										
15 What is the perfect outcome to this circle dialog (or Restorative Justice conference)?										
16 What is the nicest thing anyone has ever said to you (or done for you)?										
17 If you could go back to a day in the past, what would you do differently, and how would things be today because of that different thing you said or did?										
18 What are some things you've said or done in this situation that you are the most proud of?										

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19	What are some things you've said or done in this situation that you are NOT proud of?										
20	What will make (has made) things better?										
21	Complete these sentences:										
22	When I say (or do) _____ I make things better.										
23	When I say (or do) _____ I make things worse.										
24	Use three words to describe myself.										
25	How would each person in the circle describe me?										
26	Who has been hurt the most in this situation?										
27	Who did I observe taking responsibility for his/her actions and behaviors in the past few months?										
28	Circle any statements that are true:										
29	I wish we could all be friends again and just have fun together.										
30	I am willing to do my part to make things better so we can all get along.										
31	We just can't all be friends any more.										
32	I don't care if I hurt anyone else just as long as I don't get hurt any more.										
33	I am afraid of what might happen if things get worse.										
34	I am jealous and I can't seem to get past it.										
35	Five years from now what will I remember about my experience at _____ School.										
36	Five years from now what will my friends (or fellow students) remember about me?										
37	How would you like to proceed?										
38	What can you agree on?										
39	How can you help to bring harmony to your school and become a leader to show others by your own example how to behave?										
	SPECIFIC TO BULLYING										
40	I get attention when I _____.										
41	I act like this to make me feel _____.										
42	I am having trouble in school because...										
43	The reason _____ gets bullied is because...										

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44	I can do/say _____ to make myself feel safer, stronger, less afraid, more confident.										
45	I can ask _____ for help.										
46	I can tell _____ how I'm feeling and what I need (at school, church, home).										
47	I am most afraid that... (or the worst thing that could happen is...)										
48	Drama (or trash talk) is (define or give an example)...										
49	What would happen if I went directly to the person is (spreading rumors, bullying, talking trash, creating drama, gossiping, talking behind my back, ridiculing, cutting me off from relationships, isolating me).										
50	When I talk to _____ about bullying, I feel...										
51	I took sides in this issue because...										
52	If I don't act the same way as the group, I will be seen as_____.										
53	When _____ is on my side I feel _____. What I need is to be cared about, and sometimes I make people be on my side because...										
54	What do you think is causing _____ to act this way?										
55	What is happening right now that is making me feel this way? (use "feeling/need" word list)										
56	What is the real reason this is happening?										
57	What could happen that will make me feel that I have more control over this situation?										
58	What positive outcome can come out of this?										
59	In a perfect world, what would be happening now?										
60	Here is what I can do to solve the problem myself...										
61	What is the best thing that can come out of this? (or the perfect/ideal outcome...)										
*	NOTE: These supplemental questions are particularly helpful when behaviors are chronic or where long-term interpersonal issues are festering and could lead to physical violence.										